



What is a Vision Board?





A VISION BOARD



It's a visual representation of your goals. These typically poster-sized visuals, contain all kinds of images and text that represent something you're trying to accomplish.

Welcome!





**I will be Helping
you create your
first E-Vison
Board. .**

OMOTOKE FATOKI



Benefits of a Vision Board.



- Provides motivation
- A vision board helps clarify your goals.
- Pushes your Desire
- Boosts your determination
- Visualize your dreams.
- Enhance productivity.
- Boosts chanced of success

Top Tools You Need.

Everything you desire you
can get.

Canva

Pictures

**Well written out
goals.**

Your Creativity.



Let's get
into it.

STEP 1

GET CLEAR VISION
AND WRITE THEM
DOWN



Take a moment of self-reflection and figure out what's most important to you,

Think about some part of your life you really want to change and focus on the words those sectors bring to mind.

what are your major goals? Do you have one undying dream?

Areas of your life-say; professional, financial, relationships, and personal – Write them down..

Also, decide if your vision board should represent short-term or long-term change. Larry says using yearly benchmarks is most digestible and easiest to track progress.

STEP 2

Create a folder and
obtain images with
PINTEREST



create a folder, either digital or physical, and start gathering photos that represent each major goal or element of your dream.

For Example, If one of your goals is start earning in Dollars, You can search for pictures with women of colour holding dollars or literally use the money itself.

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STEP 3

DESIGN ON CANVA



Canva is one of the easiest graphic design app with thousands of templates to design with, with zero graphic skills required.

Once you have your images, and your goals listed out, all you need to do is put them into action.

will advise, instead of just collaging a bunch of pictures together, create a page or a section on a large poster that represents each goal.

Make your Vision board a mix of Pictures & Text

Type up or write a summary of each goal in these different sections and surround it with your pics. That way, when you're reviewing your vision, the goals are already written within plain view to read and reflect upon instead of having to refer to a separate page with your written goals.



HOW TO CREATE ON CANVA



CREATING ON CANVA



STEPS

- Login to your Canva account and go to create a new design.
- Search for Website wallpaper or a poster, depending on the dimensions you want and where you want to paste it after e.g your phone wallpaper.
- Import your pictures from Pinterest
- Get Creative.
- Download as PNG.

Once you're done, put your vision board in a place that's within your regular line of sight— Mine is currently my lock screen.

REMEMBER!



Creating a Vision Board is just one aspect of achieving your goals, intentionally taking little steps towards bringing this vision to reality is the main objective here.

I will Recommend

- You spend five to ten minutes each day reflecting on it including the emotions and sensory experiences related to each aspect of your vision.
- Share your goals with the ones you trust and let them hold you accountable for them.
- Set daily, weekly or quarterly plans towards achieving your goals.
- Set a scale of preference and don't burn yourself out.

**Can't Find your
way around
Designing..**

[DOWNLOAD TEMPLATE](#)



TO JOIN MY COMMUNITY OF VISION ENABLERS

Your Accountability partners for January.

[Join Whatsapp Group.](#)





**I HOPE YOU FIND
THIS HELPFUL.**

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